

**Nutrition Education Program, Healthy Eating Unit
New York City Department of Health and Mental Hygiene
Application for Culinary Educators**

| Contact Information | | | | | | | |
|---|------------|--|------------|--|------------|---------------------------------------|------------|
| First Name: | | | | Last Name: | | | |
| Email: | | | | Neighborhood: | | | |
| Phone: | | | | Address: | | | |
| Check all available days/times for Sept-Nov. (Actual hours may vary depending on site placement) | | | | | | | |
| | Mon | Tue | Wed | Thu | Fri | Sat | Sun |
| ~ 8-4 PM (SFM, FMK) | | | | | | | |
| ~ 12-6 PM (FTP) | | | | | | | |
| Please check all boroughs to which you are willing and able to travel. | | | | | | | |
| <input type="checkbox"/> Manhattan | | <input type="checkbox"/> Brooklyn | | <input type="checkbox"/> Queens | | <input type="checkbox"/> Bronx | |
| Are you available to work at least 2 days per week from Aug 23 rd to Nov 20 th ? <input type="checkbox"/> YES <input type="checkbox"/> NO | | | | | | | |
| Are you willing and able to lift 25 lbs? <input type="checkbox"/> Yes <input type="checkbox"/> No | | | | | | | |
| Are you authorized to work in the United States? <input type="checkbox"/> Yes <input type="checkbox"/> No | | | | | | | |

1. Why are you interested in nutrition education programs at the DOHMH?

2. What experience do you have conducting nutrition education and/or cooking demonstrations?

3. What experience do you have leading or being part of a team?

Program Descriptions

Stellar Farmers' Markets (SFM) provides free, bilingual nutrition workshops and cooking demonstrations at 20 farmers' markets located in low-income neighborhoods throughout NYC. The workshops help low-income New Yorkers overcome some of the challenges faced in the preparation and consumption of a diet rich in fruits and vegetables. Participants are provided with the skills and resources to select, store and prepare farm-fresh produce while living on a tight budget.

Farmers' Markets for Kids (FMK) provides free, bilingual nutrition workshops and cooking demonstrations at farmers' markets located in low-income neighborhoods throughout NYC. The workshops motivate and empower children and their families to eat more fresh fruits and vegetables, and to cook and eat together.

Farm to Preschool (FTP) connects preschool children in child care centers and their families with local farmers and their products. Farm to Preschool specifically aims to increase consumption of locally grown fruits and vegetables by providing child care center families with convenient and affordable access to farm share or food box services alongside nutrition education workshops for children and for adults.